Eggs... Farm Fresh & Local

The Farmhouse
eggs any way you like with choice of 2 sides &
two eggs any style | 7
three eggs any style | 7.8

Add extra egg | .8
Add protein | 1.5
bacon, turkey bacon, canadian bacon, sausage,
chicken sausage, ham

Omelets 100 Ways | 9
3 toppings with cheese & a side

The American Omelet | 7.5
traditional & simple; eggs & american cheese
served with a side

Eggs Benedict | 10
served on an english muffin with your choice of
topping & creamy hollandaise

Breakfast Charcuterie | 9
2 hard boiled eggs, candied bacon, mixed nuts,
fresh fruit & cheddar cheese

The Grizzle | 9.5
three eggs, two proteins, home fries & choice of
pancake or french toast short stack

From the Griddle ~ gluten free available ~
use your imagination! let us know how we can make them one of a kind!

Waffle | 7
with chocolate chips or fresh
fruit & whipped cream

French Toast
short stack | 6
full stack | 7

White Birch Pancakes
short stack | 6
tall stack | 7

Power Foods

Breakfast Banana Split | 6.5
whole banana topped with choice of greek yogurt
or cottage cheese, granola, berries, coconut flakes
& sliced almonds

Banana Power Bowl | 8.5
toasted farro, brulee'd banana, blackberries &
coconut

Breakfast Power Bowl | 8.5
toasted farro, 2 poached eggs, baby spinach,
sliced avocado & roasted seeds

Green Smoothie Bowl | 7.5
avocado, kale, spinach, banana, seasonal berries &
almond milk. topped with fresh fruit, seeds,
coconut & granola

Acai Smoothie Bowl | 7.5
raspberries, granola, coconut & chia

Fruit Plate | 7.5
fresh sliced fruit & berries drizzled with local
honey. served with greek yogurt or cottage
cheese

- Continued on next page -
Let’s Toast with fresh fruit salad

Scrambled Avocado Toasts | 8
avocado, scrambled eggs, fresh sprouts and crushed chili

Alaskan Toasts | 9
generous shmeer of cream cheese, smoked salmon, cucumbers, red onions, capers, & fresh dill

Vegan Toast | 8
smashed avocado, spiced chickpeas & sprouts

Elvis Toast | 8
peanut butter, brulee’d bananas & mini chocolate chips

Bruschetta Toast | 8
avocado, fresh mozzarella, tomatoes & basil with balsamic glaze

Ahi Tuna Toast | 11
avocado, sesame crusted ahi tuna, radish, scallions & soy glaze

FunGuy Toast | 8
avocado, sautéed mushrooms, onions & garlic

Beet Toast | 8
beet hummus, cucumbers, goat cheese, kalamata olives & pomegranate arils with fresh cracked black pepper

Jalapeno Popper Toast | 8
fresh jalapenos, bacon, cream cheese, egg whites & breadcrumbs

Oats Your Way | 6.5
organic, steel cut oats with up to 3 toppings

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>blueberry</td>
<td>raspberry</td>
<td>apple</td>
<td>banana</td>
</tr>
<tr>
<td>blackberry</td>
<td>craisins</td>
<td>coconut</td>
<td>apricot</td>
</tr>
<tr>
<td>brown sugar</td>
<td>maple syrup</td>
<td>flaxseed</td>
<td>chia</td>
</tr>
<tr>
<td>coconut milk</td>
<td>almond milk</td>
<td>granola</td>
<td>honey</td>
</tr>
<tr>
<td>choc. chips</td>
<td>peanut butter</td>
<td>almonds</td>
<td>cinnamon</td>
</tr>
<tr>
<td>pomegranate</td>
<td>avocado (+.5)</td>
<td>poached egg (+.8)</td>
<td></td>
</tr>
</tbody>
</table>

Sides
home fries
hash brown
corned beef hash +2
beans
fruit salad +1
yogurt
cottage cheese

Toast
sourdough
wheat
cinnamon swirl
free bread +1
english muffin
bagel +1

Fresh Bakery
scone of the day 3.5
jumbo muffin 2.5
cinnamon roll 3.5
breakfast bread 2.5
pastry 3.5

Coffee & Beverages
espresso 3
americano 3.5
cappuccino 4
mocha 4
black eye 4
chai latte 4
hot tea 2.25
soft drink 2.25
iced tea 2.25
coffee 2.25
juice 2.25
smoothie 4